**AP Themes**

* Science & Technology
* Families and Communities
* Personal & Public Identities
* Beauty & Aesthetics
* Global Challenges
* Health

**ALPINE SCHOOL DISTRICT**

**DEVELOPING LANGUAGE – Level 2**

**UNIT 3 OVERVIEW: Let’s Eat!**

What students will be able to do by the end of this unit?

|  |  |  |
| --- | --- | --- |
| **INTERPRETIVE** | **INTERPERSONAL** | **PRESENTATIONAL** |
| **Listening** | **Reading** | **Person-to-Person** | **Speaking** | **Writing** |
| * I can understand when someone describes to me what is in a meal.
* I can understand food advertisements.
* I can understand simple news stories about food and health.
* I can understand when someone gives me instructions for a recipe.
 | * I can understand nutrition labels.
* I can understand flyers from a grocery store and food packages.
* I can understand an article about food and nutrition.
* I can understand and follow instructions for a recipe from a cookbook.
 | * I can tell and ask what ingredients are in a dish.
* I can tell and ask whether something is healthy and unhealthy and why.
* I can talk with someone about healthy food choices using healthy eating guidelines.
* I can ask and answer questions about my dietary needs and other people’s.
 | * I can describe my eating habits, including traditional foods.
* I can express my dietary needs.
* I can give advice about healthy eating habits.
* I can give instructions for making a recipe.
 | * I can write a description of traditional and/or typical foods.
* I can describe my eating habits and dietary needs.
* I can write out a daily diet for a healthy lifestyle.
* I can write instructions for making a recipe.
 |

What will students know about by the end of this unit?

Benchmark Vocabulary

**Meals & Categories**

Breakfast

Lunch

Snack

Dinner

Soup

Salad

Dish

**Fruit**

Orange

Apple

Banana

Grape

Pineapple

Watermelon

Peach

Strawberry

Lemon

**Dairy**

Milk

Yogurt

Ice cream

Cheese

**Meat & Proteins**

Egg

Steak

Ham

Chicken

Turkey

Bacon

Sausage

Fish

Seafood

**Vegetables**

Garlic

Onion

Carrot

Peas

Tomato

Corn

Green beans

Potato

Lettuce

**Fats**

Oil

Butter

**Grains**

Cereal

Pasta

Noodles

Rice

Bread

Pancakes

**Other**

Salt

Pepper

Sugar

Food

Cake

Pie

Cookie

**To describe food:**

Sweet

Sour

Spicy

Fresh

Fried

Hot

Cold

Baked

Grilled

Boiled

**To talk about quantities:**

Slice/piece

Cup

Liter

Package

Can

Box

Kilo

Dozen

Bottle

**To talk about nutrition:**

Daily

Ingredient

Good for your health

Bad for your health

I should

You should

Calories

Cholesterol

Carbohydrates

Vitamin

Allergic/food allergies

Diet

**To make a recipe:**

To mix/stir

To pour

To add

To put (in the oven, in the fridge)

To boil

To bake

To grill

**To talk about what I ate/drank:**

What did you eat?

What did you drink?

I ate…

I drank…

Grammar/Structures

* Healthy eating: what one should and shouldn’t eat. (should + inf.)
* Commands (recipes)
* Introduction to past tense

Culture (& Cultural Comparisons)

* I can use healthy eating guidelines from different countries to describe eating habits. (Connections)
* I can describe traditional meals from different countries. (i.e. French cheeses, ratatouille, gazpacho, paella, flan, Schnitzel, etc.)
* I can compare the preparation time and ingredients for a typical meal/dish in the target cultures with that of the U.S. (Comparisons)
* I can apply the metric system to calculate quantities in food preparation. (Connections)